

# Non-Profit Executive Leadership Suicide Awareness Training

## **DRAFT** Agenda

**Meeting:** Suicide Awareness Training

**Participants:** C-Level Executives within the Pinellas CoC

**Time:** 4-hours

**Location:** In-person

**Hosts:** 211 Tampa Bay Cares

### **DRAFT** Agenda:

- Introductions
- Exercises
  - Attitudes and Bias poster
  - Groups, Events and Reactions
- How attitude and bias can influence our discussions about suicide and mental health
- Who is at risk of suicide
- Suicidal Invitations
  - Identifying invitations in others and yourself
  - Exploring invitations & Asking about suicide
- How to talk about suicide and assess risk
- Safety Planning - Completing Individual Safety Plans
- Who is your handoff when helping someone else?
- Who is your handoff when you need help?
- Closing reflections and future discussion plans